



# ROCHESTER PUBLIC LIBRARY

## LIBRARY LINES

April 2024

### HOURS OF OPERATION

Mon. 11:00 am - 4:00 pm  
Wed. 2:00 pm - 7:30 pm  
Thurs. 11:00 am - 4:00 pm

### CONTACT US

E-mail - [tmorey@rochesterlibrary.ab.ca](mailto:tmorey@rochesterlibrary.ab.ca)  
Web page - [www.rochesterlibrary.ab.ca](http://www.rochesterlibrary.ab.ca)  
Facebook - Rochester Library  
Phone - 780-698-3970, 780-349-0690 (cell)

### PLEASE NOTE

Story Time for the months of April, May and June will be changed to Wednesday mornings to accommodate the Rhymes that Bind Program. This is a terrific program for babies and preschool children.

 **Words Work**  
Literacy Society  
Community Adult Learning Programs

## RHYMES THAT BIND

Rochester  
April 3 - June 12  
(except May 1)  
Wednesdays  
10:00 - 11:00am

Drop in at the Rochester library to enjoy sharing books, rhymes, songs and stories with Susan, our Family Literacy Facilitator.

This free program is designed to help caregivers create a literacy-rich environment at home.

 Alberta  
Government

### LIBRARY CLOSED

The library will be closed Monday, April 1 for Easter Monday.



## Children's Program

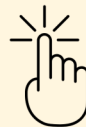
Discover your senses!



Wednesday, April 3

3:00 - 4:30

Register with the library before



Tuesday, April 2



Rochester Library  
[tmorey@rochesterlibrary.ab.ca](mailto:tmorey@rochesterlibrary.ab.ca)  
780-349-0690

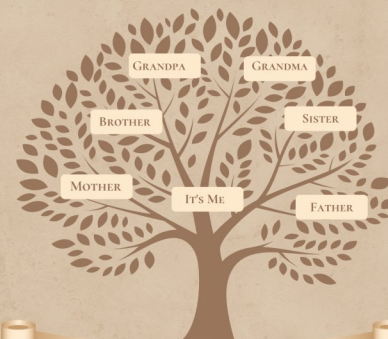


## Show and Tell Adult Book Club

Wednesday, April 10, 2024  
2 pm

Join us for the book discussions of YOUR favorite books. Listen as other readers share their favorites that may become one of yours!

## YOUR FAMILY TREE



Wednesday, April 17, 2024

2:00 - 3:30 pm

Rochester Library

TOPIC - Help for the Genealogy  
Beginner

# LIBRARY LINES

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Ages  
9 & Up

Wednesday,  
April 17  
3:00-4:30

## TWEEN PROGRAM

Learn some basic knots and make  
yourself a keychain.

### Macrame Keychain



LIMITED  
SLOTS, SO  
REGISTER  
EARLY!

Register by contacting the library  
[tmorey@rochesterlibrary.ab.ca](mailto:tmorey@rochesterlibrary.ab.ca)

## LEGO CLUB

Fourth Wednesday of  
Each month

Wednesday,  
April 24  
5:00 - 6:00

OPEN TO ALL AGES

Bring a friend along with your  
imagination and make it a competition!

## PAINT NIGHT

With Belinda



\$40



\$60

**WHEN:** Friday, April 19, 2024

**TIME:** 6:30 pm

**WHERE:** Rochester Library

Please register on or before April 23

[tmorey@rochesterlibrary.ab.ca](mailto:tmorey@rochesterlibrary.ab.ca)

780-349-0690

Health Canada Santé Canada

Canada

## RADON



**RADON IS THE #1 CAUSE OF LUNG  
CANCER IN NON-SMOKERS.**

Radon is a radioactive gas that comes from the breakdown of uranium  
in soil and rock. It is invisible, odourless and tasteless.



**ALL HOMES HAVE SOME LEVEL OF RADON.  
THE ONLY WAY TO KNOW IS TO TEST.**

Health Canada recommends a long-term test for 3 months, ideally  
during the fall or wintertime.

ASK YOUR LIBRARY ABOUT THE RADON MONITOR LENDING  
PROGRAM AND GET A DISCOUNT CODE FOR  
A LONG-TERM RADON TEST KIT.

For more information about radon, visit

[www.canada.ca/radon](http://www.canada.ca/radon)

Available @ the  
Rochester Library

# LIBRARY LINES

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## ROCHESTER SCHOOL

### Upcoming Events

April 1 - EASTER MONDAY - No School

April 3 - Parent Council - 10 am

## ROCHESTER AG.

### SOCIETY

### Upcoming Events

April 4 - Rochester Bingo—CANCELLED

April 18 - Ag Society Meeting - 7 pm @ the library

Rochester School Council invites you to attend:



A presentation for parents and caregivers on practicing Internet safety with children and youth and on responding to technology-facilitated sexual violence.

April 23, 2024  
6:00-8:00pm  
Rochester School

Presented by  
 **Saffron**  
Centre

Let us know if you want to attend but need childcare.  
Call or text 780-307-8159

## *Rochester Community Supper*

At Rochester Senior's Centre

On Thursday, April 4, 2024

*(Doors open at 5 pm & supper is on the table at 5:30 pm)*

### Menu

Fried Chicken

Mashed Potatoes and Gravy

Coleslaw

Mixed Vegetables

Pickles and Buns

Tea, Coffee, and Juice

Apple Crisp and Vanilla ice cream for Dessert!

**Take out available!**

*Prepared by the Rochester Willing Workers*

Adults—\$12.00

6-12 years old—\$7.00

5 and under—Free

All children must be accompanied by a parent/guardian!

*Everyone is Welcome!*

THE ROCHESTER'S SENIORS CENTRE  
IS LOOKING FOR MEMBERS TO  
ATTEND OUR WEEKLY CARDS AND  
SOCIALIZING



EVERY MONDAY  
AT ROCHESTER SENIORS' CENTRE  
1 - 4 PM

## COFFEE TIME

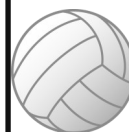
Monday, Wednesday and  
Friday

9 am - 11 am

Rochester Seniors' Centre



## ADULT VOLLEYBALL



Adult Volleyball  
Every Wednesday

School Gymnasium

7:30 pm

For more info call 780-689-9716



# LIBRARY LINES



**Athabasca Family Centre**  
3598-48 Ave Add us on Facebook: Athabasca Family Centre 780-675-2623

**April 2024**

MONDAY	Tuesday	Wednesday	THURSDAY	FRIDAY	Saturday
1. Centre Closed	2. 9:30-10:30am Coffee Chat 10:30-11:00am Tiny Chef 1:30-2:30pm Partners in Time @ Extensicare	3. 9:30-11:00am Coffee Chat 3:30-4:30pm Fast Feet@ WHPS school gym 3:30-5:00pm Youth Club @ LTIS-board games	4. 10:00-11:30am Baby Group 1:30-3:00pm Coffee Chat	5. 10:00-12:00pm IAM ME pre-register	6. Centre Closed
8. 9:00-11:30am Walk and Talk-Triple P Tipsheets 1:30-2:00pm Coffee Chat 2:00-2:30pm Craft and Shine	9. 9:30-11:00am Sensory Exploring 1:30-3:00pm Coffee Chat	10. 9:30-11:00am Coffee Chat 3:30-4:30pm Fast Feet@ WHPS school gym 3:30-5:00pm Youth Club @ EPC-craft (Geometric art) pre-register	11. 10:00-11:30am Baby Group 1:30-3:00pm Coffee Chat 3:00-3:30pm ASQ/SE Time	12. 10:00-12:00pm IAM ME pre-register	13. 9:00am-4:30pm "Boyle Youth Centre" Babysitters Training Register with Boyle Youth Centre 9:00-11:00am Pancakes and Play
15. 10:00-11:00am Bike/Stroller Roller 1:30-2:00pm Coffee Chat 2:00-2:30pm Craft and Shine	16. 9:30-10:30am Coffee Chat 1:30-2:30pm Coffee Chat 10:30am-12:00pm Join us at Boyle Library* Travelling Family Centre	17. 9:30-11:00am Coffee Chat 3:30-4:30pm Fast Feet@ WHPS school gym 3:30-5:00pm Youth Club @ LTIS-craft (Geometric art) pre-register	18. 10:00-11:30am Baby Group-Baby Yoga/ Massage 1:30-3:00pm Coffee Chat	19. 10:00-12:00pm IAM ME pre-register 12:00-1:30pm Spring Potluck Everyone welcome, please bring a food dish to share	20. Centre Closed
22. 9:00-11:30am Walk and Talk-Triple P Tipsheets 1:30-2:00pm Coffee Chat 2:00-2:30pm Craft and Shine	23. 9:30-10:30am Coffee Chat 10:30-11:00am Tiny Chef 1:30-2:30pm Partners in Time @ Extensicare	24. 9:30-11:00am Coffee Chat 3:30-4:30pm Fast Feet@ WHPS school gym 3:30-5:00pm Youth Club @ EPC-workshop (5 Love Languages- Self Care) pre-register	25. 10:00-11:30am Baby Group 1:30-3:00pm Coffee Chat	26. Centre Closed	27. Centre Closed
29. 9:00-11:30am Walk and Talk-Triple P Tipsheets	30. 9:30-11:00am Sensory Exploring 1:30-3:00pm Coffee Chat				

**ASQ/SE Time:** Developmental screening tool are easy to complete so parents can celebrate milestones their children. Caregivers will fill out an ASQ/SE and can use applicable items to help their child(ren) complete the questionnaires. ASQ questionnaire can screen at 2 and 4 months old, then 4 month intervals until 24 months old, and at 6 month intervals until 5 years old. ASQ-SE questionnaire can be completed at 6, 12, 18, 24, 30, 36, 48, and 60 month age intervals.

**Baby Group:** A time for caregivers with babies under 12 months to meet other caregivers and babies and discuss current topics.

**Coffee Chat:** Let's connect through conversation and discuss topics you are finding challenging

**Craft and Shine:** Use your creative skills to make a craft. Morning and afternoon craft on the same day will be the same craft

**Pancakes and Play:** One Saturday a month join us for pancakes and play time in the center

**Remember Me:** Weekly workshops to help you connect to your inner self

**Sensory Exploring:** Let your child learn through their senses

**Spring Potluck:** come to the center and enjoy a spring lunch (please bring a food dish to share)

**Tiny Chef:** Use and develop a variety of skills to make your own snack (please inquire about snack idea for allergy awareness)

**Bike/Stroller Roller:** Join us as we move and get outside. Meet at the Family Centre and walk/bike around Cornwall. Leave Family Centre at 10:00am \*\*\*Weather dependent, check Facebook\*\*\*

**Fast Feet:** Join us at WHPS school gym for a fun physical activity program: running, throwing, catching, kicking, movement games and more! Must have indoor shoes

**Partners In Time:** Interact with the seniors through a variety of activities at Extensicare

**Walk and Talk:** Walk around the Multiplex foldhouse by yourself or with your little one (bring a stroller, bike, etc) and receive new Triple P Tip Sheets each week. Everyone of all ages welcome

\*In the centre      \*\*Outreach

NEWS REGARDING THE PUBLIC

LIBRARY

I'm sure by now most of you have heard about the decision to close Rochester School at the end of the 2024/25 school year. **What does that mean for the library?** Being a public library, the funding is through the County. The County Library Board is very supportive and is working hard to keep the library open. The outcome of the school building is unknown, but the county is also looking into other options if the school building is unavailable. Let's keep our fingers crossed!

WE LOVE OUR VOLUNTEERS!!

We are always looking for volunteers. If you would be interested in helping at the library or updating our library website and/or Facebook page, please stop in for a chat. We can always find something for you to do!!

# LIBRARY LINES

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If anyone would like to add anything to our library newsletter, please e-mail me the submission in a jpeg format to [tmorey@rochesterlibrary.ab.ca](mailto:tmorey@rochesterlibrary.ab.ca) before the last Monday of each month. If there is room, I'd be happy to include it.

## Monthly Newsletter

### KEEP YOURSELF INFORMED OF WHAT IS HAPPENING AT THE LIBRARY AND COMMUNITY!

If you would like to receive our monthly newsletters via e-mail, please send me your e-mail address and I will add you to the list. There are copies available at the Rochester Store.

You may also access all issues via our website

[www.rochesterlibrary.ab.ca](http://www.rochesterlibrary.ab.ca).

And don't forget, if you would like to advertise anything in our newsletter, please contact me!



**Cabin Consulting**

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#### Services include:

- start-up phase & client acquisition
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- scaling & growth
- life coaching
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- exit strategies

Rate: \$125/hour for virtual consultation. Prefer to meet in person? Let me know and I'll do my best to accommodate you.

**Introductory Offer:** Complimentary 30-minute consultation to start!

Website: [www.cabinconsulting.ca](http://www.cabinconsulting.ca)  
Email: [david@cabinconsulting.ca](mailto:david@cabinconsulting.ca)

**Clayton Jensen**  
Director



**780.307.8149**

[LarueElectric@outlook.com](mailto:LarueElectric@outlook.com)

PO Box 354  
Rochester, AB  
T0G 1Z0

**Amber Simpson**

Registered Massage  
Therapist

780-213-4661

**Sewing, Mending,  
Quilting & Design**  
Rochester Seamstress

**Elaine Hemeon**  
780-307-8671

Don't Delay, Call Today



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PHONE: (587) 435-7284  
BOOK ONLINE AT: [HELPMEAS.ME](http://HELPMEAS.ME)

**ASPEN CHIROPRACTIC HEALTH CENTRE**  
10423 100th Ave, Westlock AB T7P 2J2

**Dr. Bruce Elliott\***  
Chiropractor

780 - 349 - 3503  
888 - 349 - 3503

\*Bruce Elliott Professional Corporation

[westlockchiro@gmail.com](mailto:westlockchiro@gmail.com)

## Smithbuilt Enterprises Ltd.

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- Nitrogen Tanks
- Mobile Fuel Tanks
- Fuel Trucks
- Fuel Trailers
- Mobile Fuel Stations
- Mobile Fuel Tanks
- Propane Trucks / Tanker
- Propane Trailers

[Smithbuiltenterprises.ltd@gmail.com](mailto:Smithbuiltenterprises.ltd@gmail.com)  
[Smithbuiltenterprisesltd.com](http://Smithbuiltenterprisesltd.com)

P.O. Box 373, Clyde Alberta  
T0G 0P0

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**Nicole Traverse**  
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Perryvale, Alberta  
mobile 780 799-3555  
[nicolettraverse38@gmail.com](mailto:nicolettraverse38@gmail.com)  
[www.marykay.ca/nicolettraverse](http://www.marykay.ca/nicolettraverse)


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BOOK & TWITTER**



# LIBRARY LINES

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# APRIL 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	<b>1</b> Cards @ Sr. Centre 1 pm <b>EASTER MONDAY</b> Library Closed	<b>2</b>	<b>3</b> Rhymes that Bind 10-11 am Children's Program 3-4:30 pm  Library Open 2-7:30	<b>4</b> Supper @ Seniors 5:30  Library Open 11-4	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b> Cards @ Sr. Centre 1 pm  Library Open 11-4	<b>9</b>	<b>10</b> Rhymes that Bind 10-11 am Book Club 2 pm  Library Open 2-7:30	<b>11</b>  Library Open 11-4	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b> Cards @ Sr. Centre 1 pm  Library Open 11-4	<b>16</b>	<b>17</b> Rhymes that Bind 10-11 am Genealogy Workshop 2 - 3:30 pm Tween Club 3-4:30 pm  Library Open 2-7:30	<b>18</b> Ag. Society Mtg 7 pm @ library  Library Open 11-4	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b> Cards @ Sr. Centre 1 pm  Library Open 11-4	<b>23</b> Internet Safety 6-8 pm	<b>24</b> Rhymes that Bind 10-11 am Lego 5-6 pm  Library Open 2-7:30	<b>25</b>  Library Open 11-4	<b>26</b> Perryvale Bingo Paint Night	<b>27</b>
<b>28</b>	<b>29</b> Cards @ Sr. Centre 1 pm  Library Open 11-4	<b>30</b>				